

# Can you help to improve healthcare services?

## Volunteers wanted for research workshops

### Who?

We are looking for people with an interest in and/or experience of either:

- Palliative Care (for people with potentially life-limiting physical illnesses)
- Mental Health

We would like a range of volunteers including:

- Patients/clients/service users
- Family/friends/carers
- Interested members of the public
- Healthcare professionals working in
  - Acute medical units / Acute assessment units
  - Palliative care teams
  - Mental Health teams
  - General Practice or community healthcare teams

### When?

Monthly meetings for approximately 2 hours each time, starting in January 2022 and running until June 2022 (6 meetings in total)

### Where?

We hope to hold the first meeting face-to-face so we can introduce workshop volunteers to each other. We will then agree with everyone whether to continue face-to-face, virtually (e.g. using Microsoft Teams or Zoom), or a mixture of both.

If required due to the state of the pandemic when we start then we can set up all the workshops remotely instead.

### What will we be helping with?

In the workshops the research team will share anonymous information about the experiences of people receiving palliative care or mental health care, and the experiences of people who care for them. We know that when people need these types of care that it often depends on good relationships between healthcare services so care offered matches people's personal needs, wishes and priorities.

Workshop volunteers will take part in group activities with the research team and each other to identify what:

- is good / works best
- could be improved
- makes people feel safe / is needed to be safe
- risks are of concern

and to develop ideas for solutions when change is needed as well as ideas for how to put possible solutions into practice.

The workshops will be audio-recorded and transcribed so the research team can study these as well as the notes made during activities. This will help us make recommendations about what matters most to improve healthcare services.

### How do I find out more?

Please contact \_\_\_\_\_, Lead Researcher to find out more about the research study and taking part in the workshops. Email: \_\_\_\_\_ or Tel: \_\_\_\_\_

If you have any questions you would like to ask about **insert Trust/organisation name's** involvement in the research please contact: **insert**